

**Patient Name:** \_\_\_\_\_ Age: \_\_\_\_\_ Female Male Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Dominant Hand  R  L Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Occupation: \_\_\_\_\_  
 Who requested that you visit this office?  Doctor Name: \_\_\_\_\_  Self-Referral  Attorney  
 Would you like to receive information by email?  N  Y Email Address \_\_\_\_\_  
 Are you:  Single  Married  Divorced  Widowed  
 1. \* (Chief Complaint) Main reason for visit?  Pain  Numbness  Weakness  Other  
 (If other please explain)

2. \* (Location) What body part is involved? (check below)

<input type="checkbox"/> Neck & radiates to	<input type="checkbox"/> R Arm <input type="checkbox"/> L Arm	Shoulder <input type="checkbox"/> R <input type="checkbox"/> L	Elbow <input type="checkbox"/> R <input type="checkbox"/> L	Hand <input type="checkbox"/> R <input type="checkbox"/> L	Pelvis <input type="checkbox"/> R <input type="checkbox"/> L	Knee <input type="checkbox"/> R <input type="checkbox"/> L	Foot <input type="checkbox"/> R <input type="checkbox"/> L
<input type="checkbox"/> Back & radiates to	<input type="checkbox"/> R Leg <input type="checkbox"/> L Leg	Arm <input type="checkbox"/> R <input type="checkbox"/> L	Wrist <input type="checkbox"/> R <input type="checkbox"/> L	Finger <input type="checkbox"/> R <input type="checkbox"/> L	Hip <input type="checkbox"/> R <input type="checkbox"/> L	Ankle <input type="checkbox"/> R <input type="checkbox"/> L	Toe <input type="checkbox"/> R <input type="checkbox"/> L

3. \* (Duration) How long has this problem been present? \_\_\_\_\_  Days  Weeks  Months  Years

4. \* Check the ONE box below that best describes how your problem started? Use the space to the right to answer the ONE question below the box you checked. Use as much space as needed.

NO INJURY Onset was:  Gradual  Sudden COMMENTS:

Why do you think it started? \_\_\_\_\_

INJURY (From accident or sport NOT work or auto related)

Date: \_\_\_\_\_ Where & how did it happen? \_\_\_\_\_

What sport? \_\_\_\_\_

School: \_\_\_\_\_

INJURY AT WORK From a:  Lift  Twist  Bend  Pull  Reach

Date: \_\_\_\_\_

WORK RELATED (But NO injury)

Date: \_\_\_\_\_ How did your job cause this injury? \_\_\_\_\_

AUTO ACCIDENT

Date: \_\_\_\_\_ How was the car hit? \_\_\_\_\_

**Please check the box in each category that best describes your problem:**

5. \* On a scale of 1-10 please rate your pain (No pain) 0 1 2 3 4 5 6 7 8 9 10 (Most Severe)

6. \* Quality of pain?  Sharp  Dull  Stabbing  Throbbing  Aching  Burning

7. \* Timing of pain?  Constant  Comes & Goes (intermittent) Does the pain wake you from sleep?  Y  N

8. \* Do you have?  Swelling  Bruising  Numbness  Tingling  Weakness  Loss of bowel / bladder

9. \* Since my problem started, it is:  Getting Better  Getting Worse  Unchanged

10. \* What makes the symptoms worse?  Standing  Walking  Lifting  Exercise  Twisting

Lying in bed  Bending  Squatting  Kneeling  Stairs  Sitting  Coughing  Sneezing

11. \* What makes it better?  Rest  Heat  Ice  Elevation  Other \_\_\_\_\_

12. \* What medications have you taken for this problem? \_\_\_\_\_

13. \* Which treatments have you tried? \_\_\_\_\_

14. \* Were you seen in the Emergency Room for this problem?  N  Y Which ER and Date? \_\_\_\_\_

15. \* What tests have you had?  X-Rays  MRI  CAT Scan  Bone Scan  Nerve Test (EMG/NCV)

16. \* Have you already had surgery for this problem?  N  Y Surgeons Name \_\_\_\_\_ Date: \_\_\_\_\_

17. \* Did you have any adverse reactions to the anesthesia?  N  Y

18. \* Do you have any MEDICAL PROBLEMS?  N  Y (Please list or check below)

Diabetes  High Blood Pressure  Heart Problems  Blood Clots  Asthma  
 Bronchitis  Emphysema  Kidney Problems  Hepatitis  Thyroid Disease  
 Ulcers  Seizures  Stroke  Tuberculosis  Rheumatoid Arthritis

Cancer: \_\_\_\_\_

Other: \_\_\_\_\_

- 19. \* Do you have any ALLERGIES?  N  Y Please List \_\_\_\_\_
- 20. \* Did you bring any X-Rays or Discs with you today? | |  N  Y
- 21. \* Did a physician place you off work?  N  Y
- 22. \* Are you pregnant?  N  Y
- 23. \* Who is your medical Doctor? \_\_\_\_\_
- 24. \* Please list any previous surgeries including the year \_\_\_\_\_
- 25. \* Do you use tobacco?  N  Y  Former How frequently? \_\_\_\_\_ per day \_\_\_\_\_ per week
- 26. \* Do you consume alcohol?  N  Y  Former How frequently? \_\_\_\_\_ per day
- 27. \* Do you consume caffeine?  N  Y How frequently? \_\_\_\_\_ per day \_\_\_\_\_ per week
- 28. \* Do you have a history of recreational drug use?  N  Y
- 29. \* Describe your activity level  Above average  Average  Sedentary
- 30. \* How frequently do you exercise?  2-3 times/week  3-4 times/week  5 times/week  Daily  Never
- 31. \* Do you have any hobbies? \_\_\_\_\_

**REVIEW OF SYMPTOMS**

Have you ever had a prior problem with the same Orthopaedic condition you are here for today?  N  Y  
Do you have OTHER JOINTS with  Morning Stiffness,  Swelling, or  Pain?

Please check any that apply to YOU or mark NONE

- Heart Burn  Nausea  Vomiting  Loss of Appetite  Stomach pain with anti-inflammatory pills
- Excessive Thirst  Heat/Cold intolerance  Trouble Swallowing  Fever  Weight Loss  Hoarseness
- Blood in Stool  Easy Bleeding  Easy Bruising  Anemia  Painful Urination  Blood in Urine
- Blurred Vision  Double Vision  Vision Loss  Headaches  Dizziness  Hearing Loss
- Chronic Cough  Shortness of Breath  Rash  Skin Ulcers  Lumps  Psoriasis
- Chest Pain  Palpitations  Drug/Alcohol Addiction  Depression  Sleep Disorder

Please list any other medical conditions we should be aware of? \_\_\_\_\_

Please check any that apply to YOU OR your IMMEDIATE family (Mother, Father or Siblings) & please specify as to which member of your family is afflicted

- AIDS/HIV \_\_\_\_\_  COPD \_\_\_\_\_  Depression \_\_\_\_\_  Hepatitis \_\_\_\_\_
- Alcoholism \_\_\_\_\_  Colon Cancer \_\_\_\_\_  Diabetes \_\_\_\_\_  Kidney Disease \_\_\_\_\_
- Alzheimers \_\_\_\_\_  Lung Cancer \_\_\_\_\_  Drug Abuse \_\_\_\_\_  Osteoarthritis \_\_\_\_\_
- Anemia \_\_\_\_\_  Breast Cancer \_\_\_\_\_  Gout \_\_\_\_\_  Seizures \_\_\_\_\_
- Asthma \_\_\_\_\_  Prostate Cancer \_\_\_\_\_  Heart Disease \_\_\_\_\_  Ulcers \_\_\_\_\_
- Blood Clots \_\_\_\_\_  Cancer(type) \_\_\_\_\_  Hypertension \_\_\_\_\_  Osteopenia or Osteoporosis \_\_\_\_\_

List any others \_\_\_\_\_

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Reviewed by Dr. David Argo \_\_\_\_\_ Date: \_\_\_\_\_